

Please sit down and enjoy eating lunch with the children.

Use mealtimes to model healthy habits.



Teachers are always welcome to enjoy the doodle menu with the children!

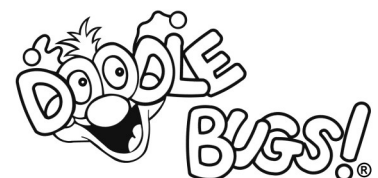
By eating the same food we serve children, we can model:

- Trying new foods: "Hmm, I wonder if I like green beans.. I will try them and see!"
- Positive feelings about healthy food: "This is so yummy and will give me energy to play!"
- Healthy habits: "I am starting to feel full, so I am going to stop eating now."
- Table manners and pleasant conversation

**Remember: Mealtimes are a social experience.
Please encourage conversation!**

OCFS Regulation 418-1.12(e) Children must be helped to gain independence in feeding themselves and should be encouraged to learn acceptable table manners appropriate to their developmental levels.

MSA High Quality Indicator 4.2a Teachers treat the curriculum as everything that happens during the day.



Children's Centers

Another Doodle Difference. Excellence is in the details!