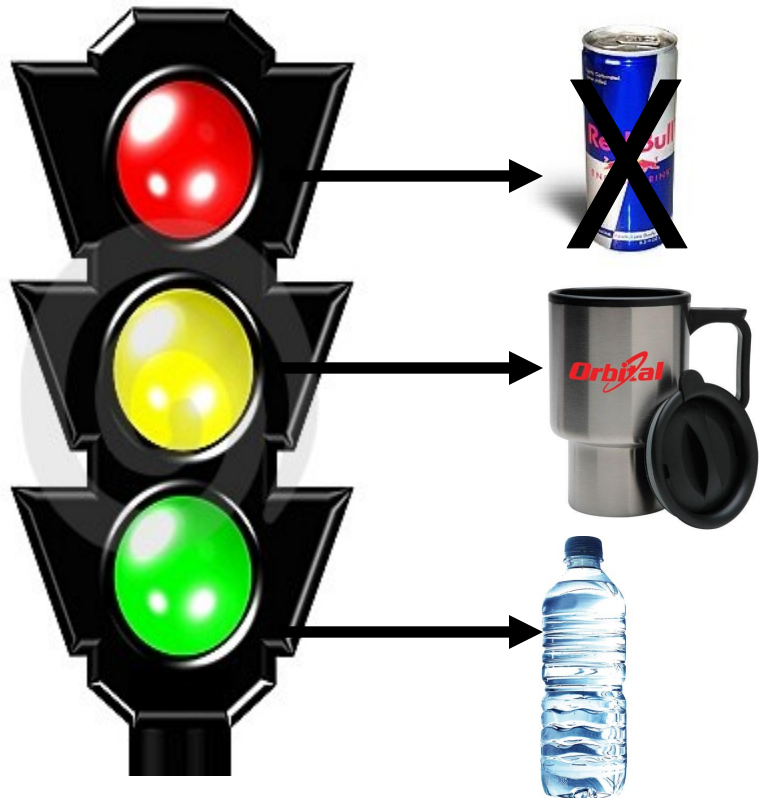


# Rethink your drink!

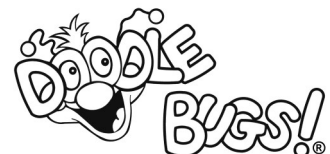


For safety's sake and to promote a professional image, please:

- **Think healthy.** To stay hydrated & model healthy habits, water is recommended. Energy drinks send an 'I'm exhausted!' message to other adults and soda sends a mixed message to children.
- **Think safety.** If you choose to drink something other than water, use a tumbler/travel mug with a secure lid. Keep beverages out of children's reach. Hot drinks can scald children!
- **Think professionalism.** A beverage in hand suggests that the children do not have your undivided attention. Please, no beverages during program activities, including on the buggy or in hallways.

OCFS Regulation 418-1.5 (a) Suitable precautions must be taken to eliminate all conditions in areas accessible to children which pose a safety or health hazard.

MSA High Quality Indicator 9.2b Adults model health and safety practices consistent with CFOC standards.



Children's Centers

Another Doodle Difference. Excellence is in the details!